



COVID-19 Return to Play Plan

2020

SUBJECT TO CHANGE

This document is in compliance with the guidelines set out by Hockey Canada, BC Hockey, viaSport and the BC Provincial Health authorities. We will continue to evaluate the parameters set out by these governing bodies and work through accordingly as restrictions are lifted. Health and safety will be at the forefront of all programming offered by Kamloops Minor Hockey. Please note that this is subject to change according to facility requirements and PHO guidelines.

Communications Officer:

Kamloops Minor Hockey has identified Riley Woodland as our Communications Officer. Riley will be the point of contact to address questions, updates or concerns regarding our Return to Play Plan. Riley can be contacted at kmhaoperationscoordinator@gmail.com.

Reporting and Compliance:

Kamloops Minor Hockey is committed to ensuring that these safety procedures and guidelines are followed. The below aspects will be evaluated in consultation with our governing bodies and the Health Authority to determine when we can proceed through our plan.

Programming was or is being delivered within guidelines for the following restrictions:

- Physical distancing
- Gathering and group sizes
- Travel

Programming was or is being delivered within guidelines for the following enhanced protocols:

- Increased hygiene measures
- Symptom screening

Programming has been delivered within guidelines regarding participants:

- Small group activities
- No spectators or limited spectators

Programming has been delivered under the following activity and some competition protocols:

- Fundamental movement and skill
- Modified training activities and drills
- No contact between participants during activities
- Modified play introduced, if applicable
- Minimal shared equipment and procedure for disinfecting

Safety Procedures & Hygiene:

Safety:

- Dressing rooms are available. Showers are not available
- Social distancing markers will be in place to be followed
- Physical distancing will be practiced at all times when off the playing surface
- Benches are considered part of the playing surface. Coaches must wear a mask when on the bench.
- **Masks are mandatory for all patrons when arriving or leaving the facility**
- Participants are asked to arrive fully dressed to reduce time in the facility before and after activities (Outlined below)
- Upon arrival, participants will be screened:



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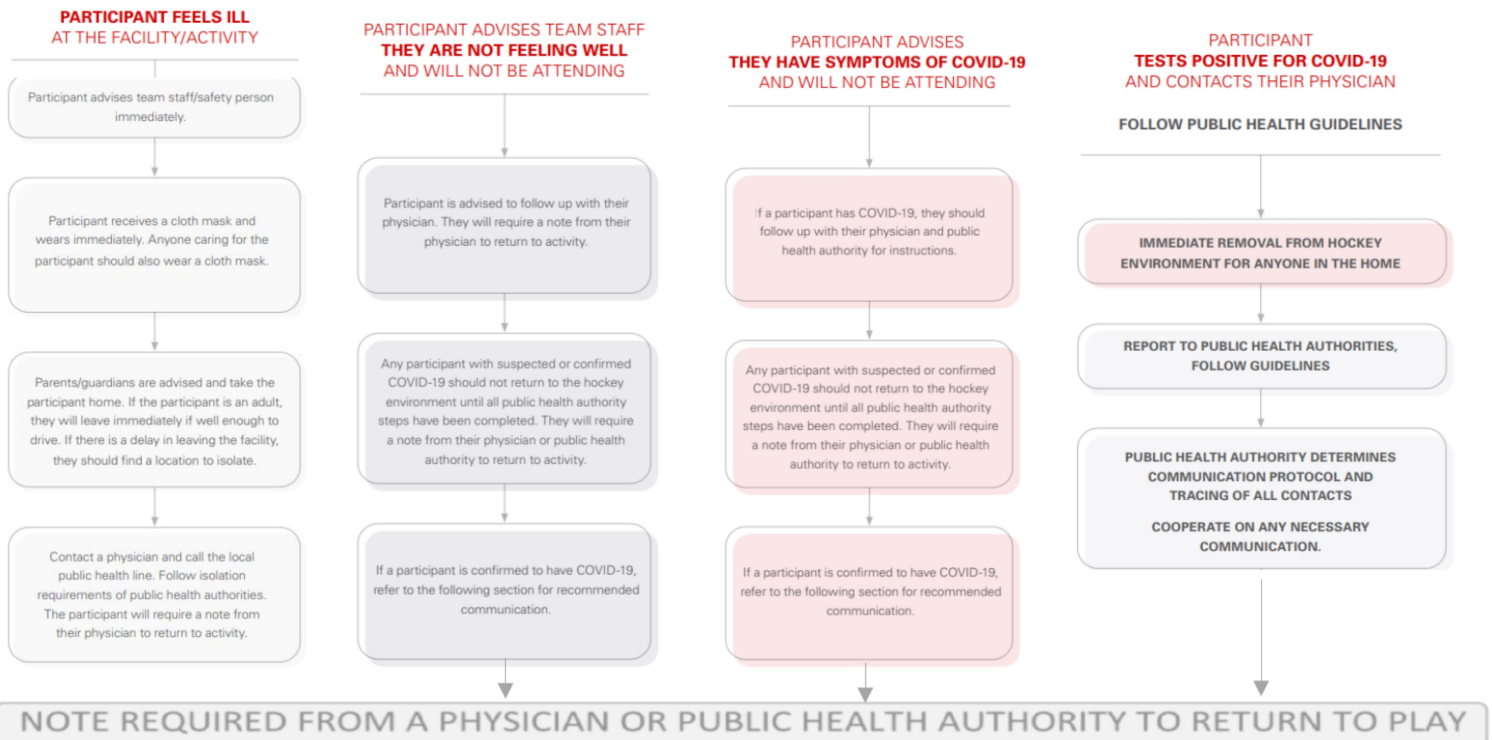
- Are you experiencing any of these symptoms: Cough or worsening of chronic cough, chills, fever, difficulty breathing/shortness of breath, loss of taste or smell, diarrhea, nausea/vomiting?
- Have you traveled outside of Canada in the past 14 days?
- Have you been in contact with anyone experiencing COVID-19 symptoms in the past 14 days?
- If a participant answers yes to any of the above questions, that participant will not be permitted to attend

Hygiene:

- Minimize going in and out doors – Enter and Exit through marked doors
- Absolutely no spitting on the ice, the floor or the benches
- Cough or sneeze into a tissue or the bend of the arm, not the hand
- Avoid touching eyes, nose, and mouth with unwashed hands
- All participants must have their own water bottle with their name labelled, no sharing of water bottles
- Participants are encouraged to wash equipment after each session (jerseys, pant shells, socks, under garments)

Signs of Sickness:

- Any participant, player or volunteer, exhibiting signs or symptoms of any illness before an activity, should not attend
- Notify the coach immediately if you are experiencing symptoms of COVID-19
- Any participant, player or volunteer, exhibiting signs or symptoms of any illness during their participation should leave the on ice session or activity immediately
- Any participant traveling outside of Canada must not attend for a minimum of 14 days upon return
- Clearance must be given through the Return to Play process prior to a participant rejoining activities
- Link to BC COVID-19 Self-Assessment Tool: <https://bc.thrive.health/>





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Entering the facility:

- Participants must use the main entrance
- Participants arrive, doors open 10 minutes before scheduled ice time
- Participants must physically distance at all times, except for dressing rooms and playing surface
- Team COVID Check in/door person will check in and screen participants health; hand sanitizer must be used at this time
- Team COVID Check in/door person must remain at the door to allow any late comers in the facility
- All players must come in dressed in their gear
- Dressing rooms are available. Showers are unavailable.
- Participants must be able to tie own skates or arrive with skates and skate guards on
- Coaches are not permitted to adjust a players skates/equipment
- Enter through the door marked "ENTRANCE"
- Participants must have their own filled water bottle with name on it and hand sanitizer.

Exiting the facility:

- Participants will have 5 minutes to exit the facility
- Participants will leave the facility as they arrived; in full gear and leave through door marked "EXIT"
- Participants must physically distance as they leave the facility
- On the way out participants will hand sanitize and refrain from touching any walls or door frames as they exit
- COVID Check in/Door person will ensure their group has vacated and open the door for the next KMHA group

On ice structure/Game play:

- Teams must follow the Hockey Canada Return to Play Guidelines in regards to travel and hotel accommodations.
- Maximum of 24 coaches/players per team permitted in the building for practices.
- One coach will be designated to pick up pucks and other on ice equipment
- Each team will be permitted 17 players and 3-4 team staff in the building for games. Rosters of 19 are permitted 19 players and 3 team staff
- It is each teams responsibility to pre-screen and check in their own team
- Visiting teams are required to submit a list of who is in the building prior to entering the facility
- Coaches must wear a mask on the bench
- **Masks are mandatory for all patrons while entering/exiting all facilities and while in dressing rooms**
- Tablets will not be available at the arenas. Teams will be required to use a smart phone or their own tablet for HiSports

Spectators:

- **Effective September 26th, 2020 parents/siblings are not permitted in the arena to spectate.**
- Live Streaming may be available at a later date.