



# Rep Tryout Criteria

## Goalies

### Compete Consistently & Play Connected

#### Compete Level

Positive work ethic on and off the ice. Mentally tough, consistent. Never gives up on rebounds or multiple shots. Stays positive if scored on. Challenges shooters. Consistent work ethic throughout the game or practice.

#### Attitude & Body Language

Positive attitude and confident approach. Body language that gives positive energy. Respond productively to mistakes or tough breaks by you and your teammates. Follows directions accurately. Coachable team player who is accountable to their actions. Goalie comes to the rink prepared with a high attention to detail. Respectful of opponents, teammates, coaches, officials and facilities.

#### Hockey Sense

Communicate, clearly with teammates. Watch and track the puck. Know when to play the puck. Anticipation and readiness. Accurate decision making to influence the game with or without the puck.

#### Skill Level

Ability to skate to pucks and control rebounds. Crease movement, tracking, lateral movement, positioning in the net, stance.