



Donation Ideas

Non-Perishable Food Items (Granola/Protein Bars, Mr Noodles, mac & cheese, oatmeal, cereal, juice boxes)

Hygiene Supplies (toothbrush, toothpaste, deodorant, soap, brush/comb, pads/tampons, shampoo/conditioner)

Clothing (socks, underwear, gloves)

Extras (hand/foot warmers, small denominational GC's for McDonalds, Tim Hortons etc)

THANK YOU!!!