



Integrated Program

Open to male and female players. League game play within Kamloops.

Female Rec Program

Open to female players. U9 league = possibility for out of town travel within OMHA region, U11-U18 will have out of town league game travel within OMAHA region.

Female "A" Rep

Registered through KMHA, and through OMAHA. run by OMAHA. Open to female players. U11-U18 will have out of town league game travel within OMAHA region.

Female Tournament

Registered through KMHA, run by KMHA. Open to U11-U18 female players who want additional development. Female players selected for this team would play on a female recreational team AND this separate Tournament Team through