



Return to Play Medical Clearance Requirements

Concussion / Head Injury	→	PHYSICIAN ONLY
Spinal / Neck Injury	→	PHYSICIAN ONLY
Fracture (Any Bone)	→	PHYSICIAN ONLY
Muscle Strain	→	ALL APPROVED PROVIDERS
Ligament Sprain	→	ALL APPROVED PROVIDERS
Contusion / Bruise	→	ALL APPROVED PROVIDERS
Tendon / Overuse Injury	→	ALL APPROVED PROVIDERS
Joint Dislocation / Separation	→	ALL APPROVED PROVIDERS
Cuts / Lacerations	→	ALL APPROVED PROVIDERS
Dental or Eye Injury	→	PHYSICIAN ONLY

ALL APPROVED PROVIDERS = Physician, Chiropractor, Physiotherapist, Nurse Practitioner

Return to Play Decision Flow (Quick Reference)

Player injured during game or practice - Remove player from play to assess injury

Head hit or concussion symptoms?

- **Yes:** Remove from play. Physician only clearance required.
- **No:** Continue playing.

Suspected fracture or neck/spine injury?

- **Yes:** Remove from play. Physician only clearance required.
- **No:** Continue playing.

Musculoskeletal injury only?

- **Yes:** Remove from play. All providers clearance required.
- **No:** Continue playing.