



Return to Play

Medical Clearance Requirements

Concussion / Head Injury	→ PHYSICIAN ONLY
Spinal / Neck Injury	→ PHYSICIAN ONLY
Fracture (Any Bone)	→ PHYSICIAN ONLY
Muscle Strain	→ ALL APPROVED PROVIDERS
Ligament Sprain	→ ALL APPROVED PROVIDERS
Contusion / Bruise	→ ALL APPROVED PROVIDERS
Tendon / Overuse Injury	→ ALL APPROVED PROVIDERS
Joint Dislocation / Separation	→ ALL APPROVED PROVIDERS
Cuts / Lacerations	→ ALL APPROVED PROVIDERS
Dental or Eye Injury	→ PHYSICIAN ONLY

ALL APPROVED PROVIDERS = Physician, Chiropractor, Physiotherapist, Nurse Practitioner

Return to Play Decision Flow (Quick Reference)

Player injured during game or practice - Remove player from play to assess injury

Head hit or concussion symptoms?

- Yes: Remove from play. Physician only clearance required.
- No: Continue playing.

Suspected fracture or neck/spine injury?

- Yes: Remove from play. Physician only clearance required.
- No: Continue playing.

Musculoskeletal injury only?

- Yes: Remove from play. All providers clearance required.
- No: Continue playing.