



# KMHA Recreation Playoff Rules

- Playoffs for the 2025/2026 season will be a single elimination format.
- All periods are 20 minutes in duration.
- 1<sup>st</sup> period: Run Time 2<sup>nd</sup> Period: Run Time 3<sup>rd</sup> Period: Stop Time
- Ice clean will take place between each game.
- For 1hr 45min games, there will be an ice clean half way through the 2<sup>nd</sup> period.
- One 30 second timeout will be permitted per team.
- Running time minor penalties: 3 minutes - Double minor is 6 minutes
- Running time major penalties: 5 minute major is 7 minutes.
- 5 minute warm up will start when the ice is ready and both teams are on the ice.
- Delays in any game totaling over 5 minutes may result in an adjustment of the third period at the discretion of the referee.
- Games will not end in a tie. If the game is tied following regulation time, the game will go into overtime.

## **OVERTIME**

If teams are tied following regulation play there will be a 1 minute break followed by sudden death overtime.

Overtime will be 3 on 3 until a winner is declared.